

DR. ERIC MARIOTTI

ANTI-AGING ADVICE If you are truly happy, you will always look beautiful **ALTERNATIVE OCCUPATION** Ski patrol or computer programmer **HOBBIES** Helicopter skiing, heirloom tomato gardening **PLACE YOU GO TO ESCAPE THE OFFICE** Skiing in Lake Tahoe **FRAMED PHOTOS ON YOUR DESK** Picture of my wife and three boys at Half Moon Bay **I START EACH DAY** With a Starbucks Grande Mocha **I'M NEVER WITHOUT** A great attitude



ATTENTION TO DETAIL

For Dr. Mariotti, there is no devil in the details. In fact, his focus on the details is what makes **BODY CONTOURING PROCEDURES** so popular at his practice. "Through the years, I have come to make a darn good belly button," he says with a chuckle. "I avoid the telltale, round appearance that looks like an abdominoplasty belly button and I try to create one slightly more vertical...definitely more youthful and sexy looking," he adds. Recognizing that minimizing scars is a key concern for patients, he always places incisions with today's fashion trends in mind. "Patients are wearing clothes much lower on their hips these days, and I make an effort to place their incisions to allow for this," he says. To attain the optimal contouring result, Dr. Mariotti often combines a **TUMMY TUCK WITH LIPOSUCTION**. "To compliment the contours of a nice, flat belly, you also want to pay attention to the upper and outer hips to gain a much more feminine, curvy silhouette," he says. By using **VASER® LIPOSUCTION**, he can achieve great results with less bruising and soreness. His office staff also provides external ultrasound treatments, post-operatively, which speeds the recovery time and enhances their results.

INSIDE INFORMATION

raising the bar

With hardwood floors and jazz music piping throughout his posh, newly remodeled office, Dr. Eric Mariotti strives to create a "Nordstrom experience" for his clientele. "We offer top notch patient care so that each experience that our patients have here is both pleasant and rewarding. No matter how small the concern, we are always available to our patients," he says.

The son of a surgeon, Dr. Mariotti knew by the age of eight that he wanted to be a doctor. Within three days of beginning his plastic surgery rotation, he knew that he had found his calling. Along with the intricacy involved in plastic surgery, what drew him to this specialty was the fact that unlike with other surgical disciplines, in plastic and reconstructive surgery, there are almost immediate changes. He is able to partner with his patients, plan a course of action, and then actually see the visual results of his work. His approach to cosmetic enhancement is to seek a soft, natural look. "I try to avoid the overdone look...anything that screams 'I've had plastic surgery'," says the easy-going professional.

Breast enhancement is a large part of his practice, but Dr. Mariotti also performs a lot of body contouring procedures and tummy tucks. In addition, his practice offers a number of minimally-invasive treatments for facial rejuvenation, along with other ancillary services such as hair removal and skin care. "We do a lot of Botox® and Restylane®. I've found that the injectables can hold back the hands of time before surgery is needed," he says. Patient comfort is a key focus at his practice and Dr. Mariotti incorporates a number of techniques to minimize discomfort and speed recovery. For tummy tucks and body lifts, he uses a pain pump following surgery. With breast augmentations he places novocaine in the breast pocket, enabling the patients to start their post-operative massages much earlier. "Using this technique, we are able to get our patients back to their normal activities much quicker," he says.



BOARD CERTIFICATION
American Board of Plastic Surgery

MEDICAL DEGREE
Jefferson Medical College

SURGERY INTERNSHIP
University of Connecticut

PLASTIC SURGERY RESIDENCY
University of Louisville

AFFILIATIONS
American Society of Plastic Surgeons
American Society for Aesthetic Plastic Surgery
American Medical Association

AREAS OF EXPERTISE
Abdominoplasty
Breast Augmentation
Breast Lift
Body Contouring
Plastic Surgery after Massive Weightloss

LOCATION
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